

When you have a healthy home and family life, it's much easier to navigate life's many challenges and transitions.

Family Support Services is available to district families who may need help with personal or family issues. Our professional counselors can assist with:

- Relationship issues
- Parenting challenges
- Social or peer pressure
- Stress, anxiety, depression
- Substance abuse and other addictive behaviors

Family Support Services also offers access to other specialists who can support you with:

- Elder care information and referrals
- Financial consultation
- Legal consultations
- Adoption information and referrals
- Childcare information and referrals



For confidential, assistance, call  
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